



Housing: Our Collective Opportunity

Presentation to the
Ontario Municipal Social Services Association

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Engaged Communities.
Healthy Communities.

Presentation Overview

- LHIN Role, Mandate
- Our Vision and Strategic Priorities for the Health Care System
- Why should the health care sector pay attention to housing?
- Opportunities
- Success Stories
- Where Next? Collaboration and partnerships with municipalities and other parties.

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Local Health System Integration Act

“The purpose of this Act is to provide for an integrated health system to improve the health of Ontarians through better access to high quality health services, coordinated health care in local health systems and across the province and effective and efficient management of the health system at the local level by local health integration networks.” 2006, c. 4, s. 1.

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Ontario's LHINs Responsibilities

LHIN

- Public and Private Hospitals
- Long-Term Care Homes
- CCAC
- Community Mental Health and Addiction
- Community Health Centres
- Community Support and Service Agencies
e.g. Meals on Wheels

Provincial:

- OHIP & Doctors
- Family Health Teams
- Other Practitioners
- Provincial Drug Programs
- Trillium GoL / organ donations
- Ontario Drug Benefit
- Public Health
- Private Labs
- Ambulance Services
- Independent Health Facilities
- Provincial Networks / Programs

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Our Vision

Engaged Communities

People are supported and proactively engaged in

- managing their own health and wellness
- providing direction and solutions for their health care system and their LHIN
- coordinating the delivery of timely health care services

Healthy Communities

- Supportive and sustainable environments that address the social determinants of health and cultural competency
- Timely and equitable access to care
- The health of the population has improved

Values: Accountability. Responsiveness. Respect. Integrity. Innovation. Equity.

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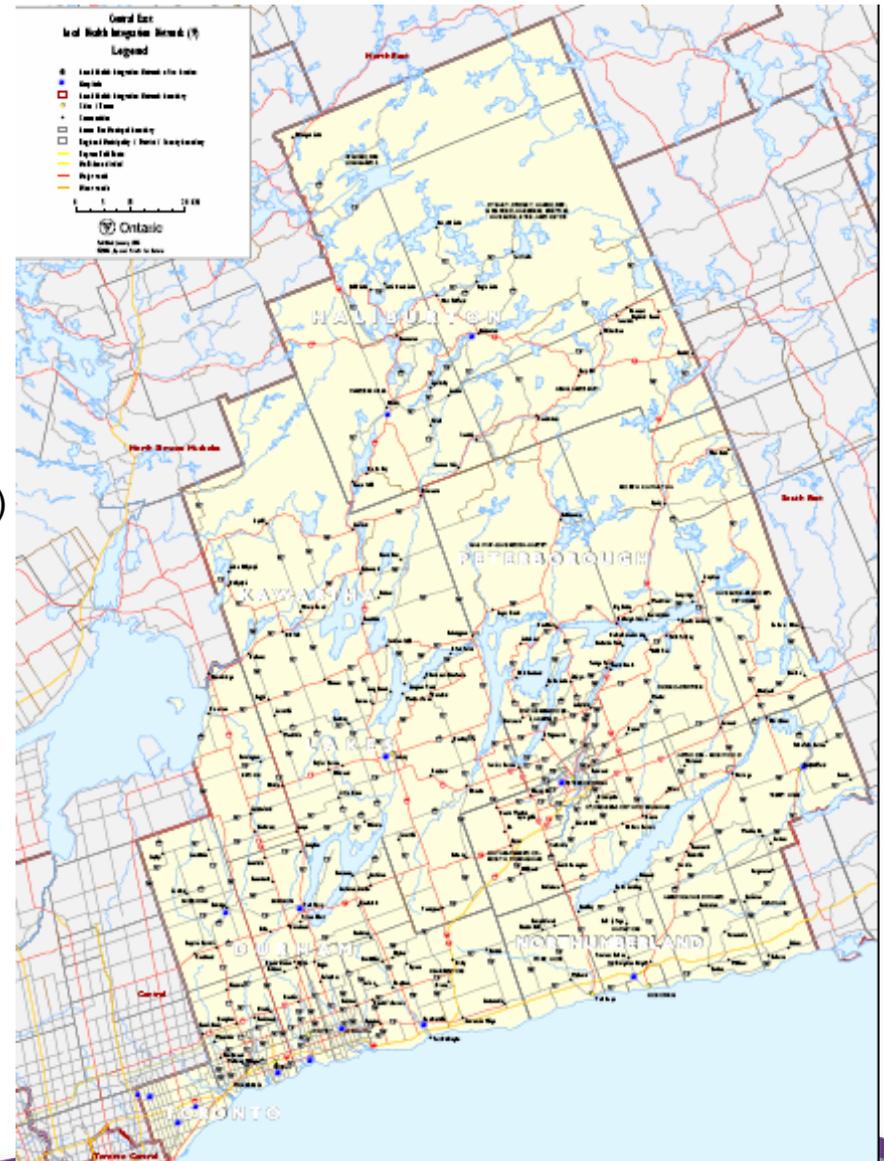
The LHIN Mandate and Functions



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Quick Facts

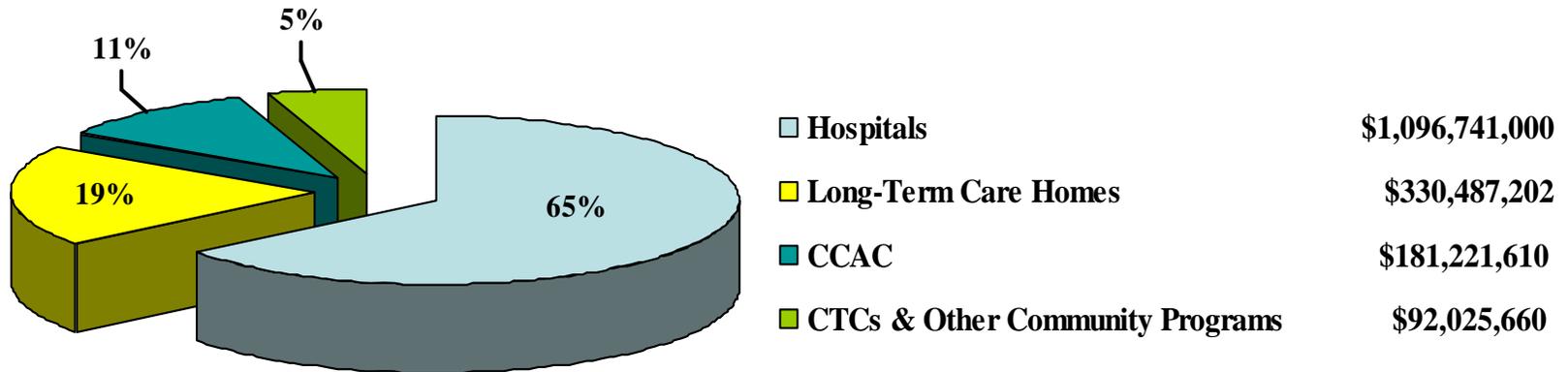
- 6th Largest Geography
- 2nd Largest Population:
 - 1.5 million people
- Current spending:
 - \$1.7 Billion (excludes physicians)
- Broad diversity
 - Language
 - Culture
 - Geography



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A snapshot of Central East LHIN funding

Figure 1: 2007/2008 selected LHIN health care expenditures



- 9 Hospitals + 1 specialty mental health hospital
- 1 Cancer Centre
- 68 Long-Term Care Homes
- 1 Community Care Access Centre
- 25 Mental Health Services
- 8 Community Health Centres
- 48 Community Support Services
- 6 Substance Abuse Programs
- 17 Supportive Housing Services

\$1.7 billion in healthcare spending (excluding physician payments, drug benefits, public health)

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The Integrated Health Service Plan (IHSP)

- Provides a snapshot of the CE LHIN region population profile, including health status & access to health services
- Sets out health care Priorities for Change as identified through extensive community engagement and analysis.
- Establishes short and long term goals for the local health system.



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Strategic Directions

Overall Goals for Health System Transformation

Transformational Leadership

Quality and Safety

Service and System Integration

Fiscal Responsibility

Health Care Priorities

Our initial focus for system change

Mental Health and Addictions

Seamless Care for Seniors

Chronic Disease Prevention & Management

Wait Times & Critical Care

Enablers

Common ways in which we will achieve our goals

Primary Health Care

e-Health

Health Services Planning

Health Human Resources

Back Office Transformation

Diversity

Moving People Through the System

System Outcomes

How we will evaluate our strategies

Accessible

Effective

Efficient

Safe

People Centred

Integrated

Appropriately Resourced

Equitable

Focused on Population Health

Our Strategy Map for Health Care

TOOLS

Community Engagement & Planning Partnerships

Accountability Agreements

Resource Investments in Capacity

Decision Framework and Project Management

VISION:
ENGAGED COMMUNITIES.
HEALTHY COMMUNITIES.

Why should the health care sector pay attention to housing?

Why should the Central East LHIN pay attention to housing?

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Target Populations

At risk, adult clients including those:

- With chronic disease;
- With mental health and/or addictions;
- With physical disabilities;
- Over the age of 65 years.

(There is an interest to broaden the target population..)

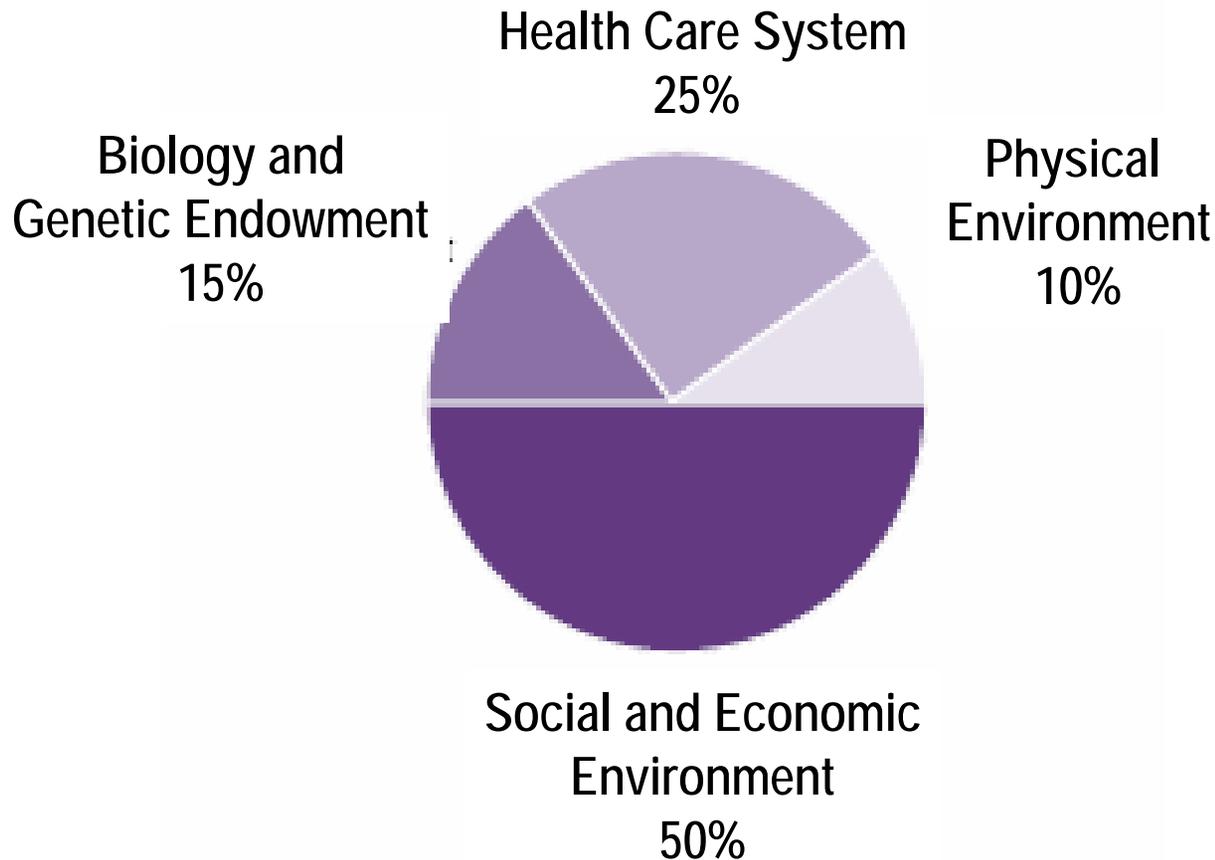
- Full continuum of housing, with specific focus on supported living, supportive housing, community crisis, and long-term care homes.

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Definitions

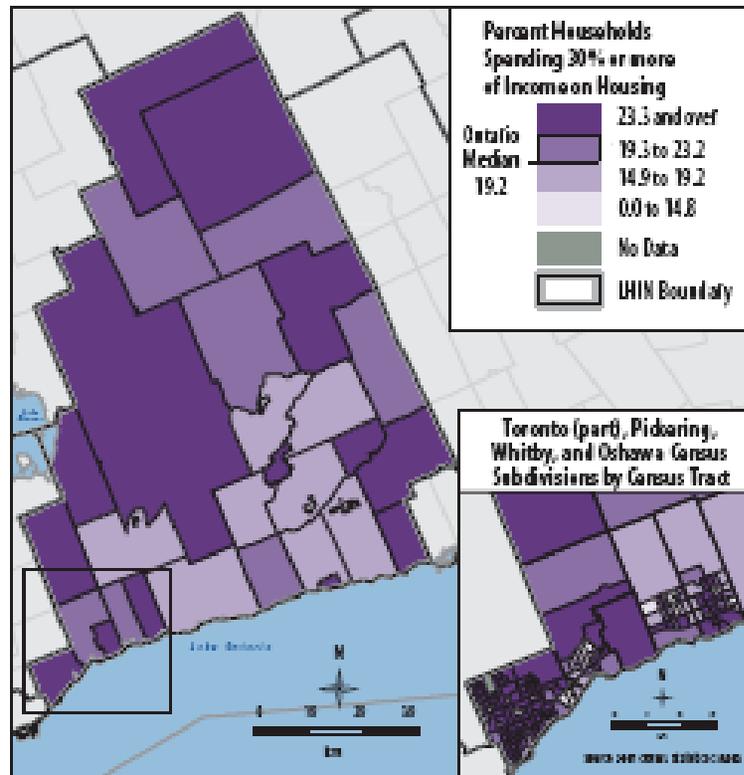
- **What is Supportive Housing?**
 - Ontario's Ministry of Health and Long-Term Care defines supportive housing by the 24 hour availability of personal support and homemaking services. Rather than emphasizing discrete services, alternate definitions see *supportive housing as integrating housing with access to a comprehensive and coordinated package of services and programs necessary to support individuals to maintain their optimal level of health and well-being.*
- **Key Characteristics of Supportive Housing**
 - access to a flexible menu of support services (e.g. help with daily living, personal care and homemaking) that are coordinated and case managed around individual needs.
 - physical environment should be an affordable, safe and secure home-like environment that is enabling to the individual. It should allow for privacy as well as include common areas and organized opportunities for social and recreational activities.

Estimated Impact of Determinants of Health on the Health status of the Population



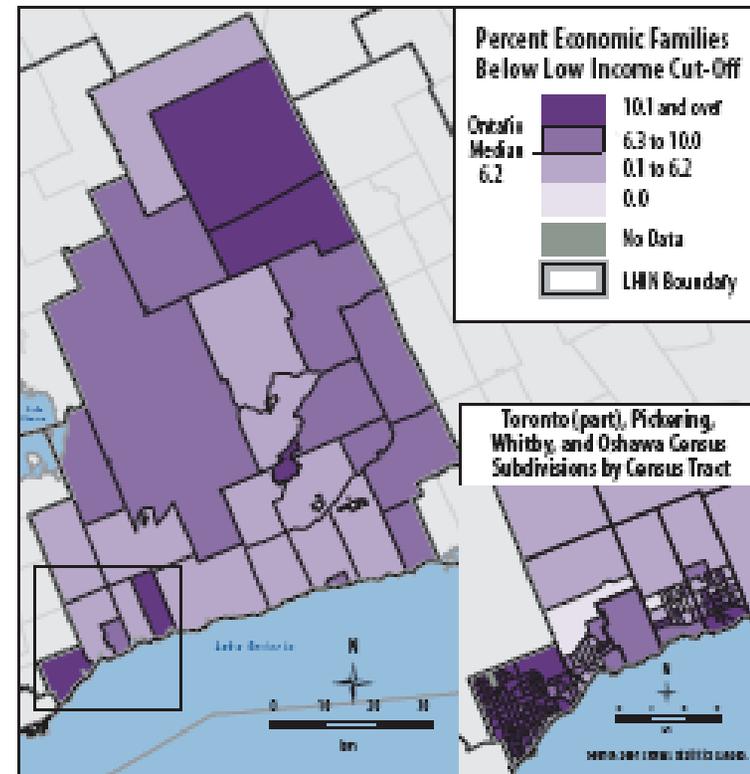
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% Households Spending 30% or more of income on Housing



Source: MOHLTC Health Analytics Branch.

% Economic Families Below Low Income Cut-Off



Source: MOHLTC Health Analytics Branch.

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By the numbers...

Alternative Levels of Care: *“hospital beds being occupied by people who no longer require acute care in hospital and whose health care needs could be better met elsewhere”:*

In the Central East LHIN:

60,692	ALC Days
63.5%	increase in ALC days over 2 years
167	acute care beds being used for ALC patients
10.7%	Total ALC days / acute care beds

By the numbers....

Long term care occupancy and demand:

98.8% Occupancy

2,944 Long-term stay wait lists

24,749 ALC days for patients discharged to a Long-Term
Care Home

58% ALC Patients waiting for LTCH

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By the numbers...

- A recent CCAC review in Peterborough determined that of the people waiting in hospital for long-term care beds
 - **15%** could be supported in supportive housing.
 - It is further estimated that up to **50%** of those on the waiting list for long-term care beds could be supported in the community with a more robust system of community options
 - CE LHIN task group report found only **1%** of ALC Patients were waiting for Assisted Living / Supportive Housing, demonstrating a lack of awareness and system approach to housing alternatives.

Opportunities

- LHINS
- Provincial Aging at Home strategy
- Governments platform commitments on:
 - Mental Health and Addictions
 - Anti-Poverty strategy
- MOHLTC 10 year Strategic Plan

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Thinking Differently

- **Culture of Denial and scarcity**

- Not my jurisdiction ...its someone else's responsibility
- Only solution is more funding

- **Culture of Possibility**

- What does the client need to live independently?
- What can we bring collectively together to make a difference?
- Solutions require leadership.

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Thinking Differently

- Central East LHIN has embarked in a global partnership through the Institute for Healthcare Improvement (IHI) **“Triple Aim”**:
 - **Improve the health of the population;**
 - **Enhance the patient experience of care (including quality, access, and reliability); and**
 - **Reduce, or at least control, the per capita cost of care.**
- IHI’s innovation team has developed a concept design and described an initial set of components of a system that would fulfill the Triple Aim.
 1. Focus on individuals and families;
 2. Redesign of primary care services and structures;
 3. Population health management;
 4. Cost control platform;
 5. System integration and execution.

Supportive Housing Priority Project

Problem:

- Of the supportive housing that does exist, there is inequitable distribution available for the elderly, the mentally ill, and the physically disabled populations throughout the Central East LHIN

Solutions

- An on-line inventory of supportive housing services in Central East;
- Research, explore and recommend best practice models/approaches to supportive housing;
- Develop a fair, transparent and supportable basis for determining where supportive housing should be available/ enhanced in Central East;
- Identify the barriers and offer potential solutions to the uptake of supportive housing;
- Explore, document and recommend best practice approaches to intake and assessment for supportive housing that is more integrated and client centred;
- Develop a means of collaborative exchange of resource information, training opportunities and best practice models for service providers of supportive housing;
- Raise awareness of supportive housing as a critical component of the continuum of care.

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Success Story – Myrtle Terrace

KPP – Community Living Peterborough

Supportive housing services for 12 units at 200 St. Luke's Street in the City of Peterborough for seniors who have a developmental disability and who are eligible for Long-Term Care services.

CE LHIN \$

Kawartha Participation Projects

Serves as the lead agency for funding received through the CE LHIN for personal support under the "Supportive Housing Services Policy and Implementation Guidelines" and agrees to transfer a portion of these funds to Community Living Peterborough as approved by the CE LHIN under the Contracting Out Services line of the LHIN approved budget for the services they will provide such as supervision, case management, shopping, and community participation as per the above guidelines.

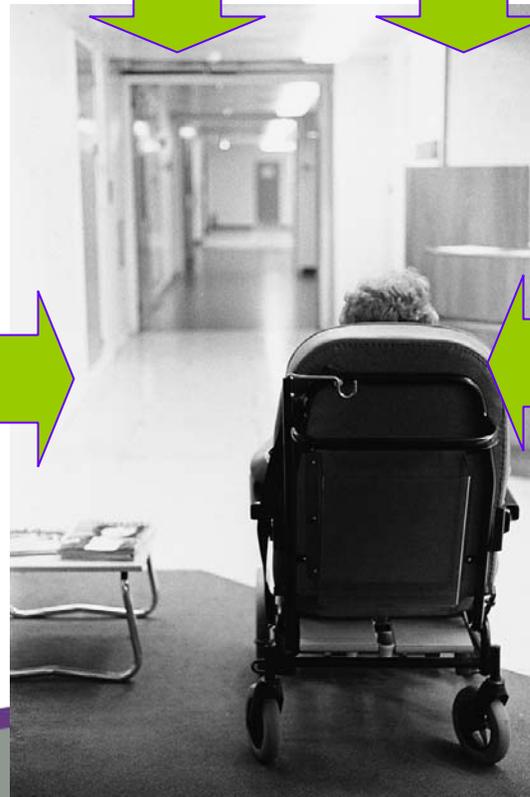
City of Peterborough
Rent supplements

TVM - Developers
Capital investments

MCSS \$

Community Living Peterborough

Serves as the lead agency for funding received through the Ministry of Community and Social Services for both case management and life skills as per the regulations and guidelines outlined in the Developmental Services Act and the Supportive Independent Living Guidelines.



Where Next?

- Explore partnerships between LHINs and municipalities to address broader housing challenges, promoting regional equity of access
- Engagement of non-traditional partners (e.g., retirement homes, capital investors, housing developers) to assist in capital requirements
- Bring a “system’s focus” and discipline to the delivery of housing services
- Build a platform and coalition for
 - Provincial to local action
 - Public awareness

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Thank you

**For more information please visit our website
at:**

www.centraleastlin.on.ca

Questions?

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