



Nurse-led Teams Improving Care for People in Long-Term Care *Ontario Government Helping Seniors in the Central East LHIN Avoid Hospital Visits*

NEWS

August 21, 2013

Ontario is improving care for long-term care residents and reducing avoidable hospital visits in communities across the Central East LHIN by providing ongoing support to the Central East Community Care Access Centre for seven nurses to work in nurse-led outreach teams.

In the Central East LHIN these nurse-led outreach teams travel to long-term care homes in Scarborough, Durham Region and across the North East cluster to support the health care needs of residents and provide timely treatment in the home.

With an Emergency Department diversion rate of over 98%, the nurse-led outreach teams work in partnership with staff in long-term care homes and other emergency medical personnel so that people living in long-term care homes don't have to visit the emergency department for some urgent and non-urgent issues. To date this has meant that over 4,000 transfers were diverted in the sixty long-term care homes engaged with these teams.

Supporting nurse-led outreach teams in long-term care is part of the government's [Action Plan for Health Care](#) and is aligned with the Central East LHIN's "Community First" aim by ensuring seniors receive the right care, at the right time, in the right place.

QUOTES

"By bringing more health services to residents in long-term care homes, these nurse-led outreach teams are helping to reduce unnecessary ER visits and hospital admissions. Thanks to their work, residents are receiving high quality, patient-centred care."

— Deb Matthews, Minister of Health and Long-Term Care

"These teams of nurses are providing care to some of most elderly citizen's in the Central East LHIN including many in Scarborough, reducing the need to visit the ER by providing them with high-quality health services in their long-term care homes."

— Brad Duguid, MPP Scarborough-Centre

Engaged Communities.
Healthy Communities.

Central East LHIN



“These teams of nurses are providing care to some of the LHIN’s most elderly citizens, reducing the need to visit the ER by providing them with high-quality health services in their long-term care homes. This ensures that seniors are able to spend more time in their homes and their communities.”

— Wayne Gladstone, Chair, Central East LHIN Board of Directors

QUICK FACTS

- The Central East CCAC recently received \$590,084 in funding in 2012/13 for the seven nurses.
- Nurse-led outreach teams address urgent and non-urgent health problems, determine the need for hospital care and provide a range of services including intravenous therapy, antibiotic management and oxygen administration.
- In the Central East LHIN, the nurse-led outreach teams are called NPSTAT - *Nurse Practitioners Supporting Teams Averting Transfers* – and are also a key component of the BSO Integrated Care Teams in LTCHs to support people living with behaviours to remain in their home.
- Nurse-led long-term care outreach teams were launched in 2008 as part of the Ontario government’s plans to reduce ER wait times in the province.
- 14 Nurse-led long-term care outreach teams are operating across Ontario.

LEARN MORE

Find out more about [seniors care](#) at home and in the community.

Visit the [NPSTAT page](#) on the Central East LHIN website.

Read about Ontario’s [Wait Time Strategy](#).

For more information:

Katie Cronin-Wood
Communications Lead
Central East LHIN
1-866-804-5446 ext. 218
katie.croninwood@lhins.on.ca

Engaged Communities.
Healthy Communities.