

## New Primary Care Physician Leads in local communities

*Working with local providers to implement coordinated care*

### NEWS

June 28, 2016

The Central East Local Health Integration Network (Central East LHIN) is pleased to announce the appointment of four local Primary Care Physician Leads as the Central East LHIN continues to lead the advancement of an integrated sustainable health care system that ensures better health, better care and better value.

Recruited through a procurement process supported by the Central East Community Care Access Centre (Central East CCAC), the [four local Primary Care Physician Leads](#) are:

- Dr. Susan Taylor- Scarborough North;
- Dr. Avnish Mehta – Scarborough South;
- Dr. Judith Armstrong – Peterborough City and County; and,
- Dr. Sheila-Mae Young – Haliburton County and City of Kawartha Lakes.

The Central East LHIN is continuing to actively recruit local Primary Care Physician Leads in the Northumberland County, Durham West and Durham North East communities.

Working in partnership with Dr. Paul Caulford, Central East LHIN Primary Care Physician Lead, the local Primary Care Physician Leads will support the implementation of [Health Links](#) and the design of systems of care as described in the [LHIN's 2016-2019 Integrated Health Service Plan \(IHSP\)](#).

The Primary Care Leads will work to improve system access in their local communities to ensure that patients with complex health needs are identified and better supported through coordinated care plans to achieve the best possible health outcomes.

### QUOTES

“We welcome the support of the local Primary Care Physician Leads in engaging with other primary care providers to seek their active participation in *Health Links* and the advancement of integrated systems of care. The *Health Link* approach aims to achieve the best possible health outcomes and enrich the patient’s experience of the health care system by reducing wait times, eliminating unnecessary visits to the emergency department and repeat hospital readmissions through the initiation of *Health Links* Coordinated Care Plans.”

- Deborah Hammons, CEO, Central East LHIN

“The Central East LHIN’s 2016-2019 Integrated Health Service Plan demonstrates how collaboration between primary care providers and broader system partners will support transformation towards a more equitable, seamless and integrated system for patients and families. Supporting primary care providers to be engaged in system design is a critical step to advancing integrated systems of care and putting patients first to increase their ability to live healthier at home.”

- Dr. Paul Caulford, Central East LHIN Primary Care Physician Lead

### QUICK FACTS

- The Central East LHIN has divided its region into seven (7) *Health Link* communities which provide a geographic foundation for the development of local integrated systems of care at the sub-regional level.
- The target population at a local level within the LHIN focuses on the top 5% of Ontario's complex patients with four (4) or more chronic/high cost conditions including:
  - Vulnerable populations (a focus on mental health and addictions conditions, palliative patients, and the frail elderly);
  - Economic characteristics (low income, median household income, government transfers as a proportion of income, unemployment);
  - Social determinants (housing, living alone, language, immigration, community and social services etc.);
  - Complex, high needs patients.
- In addition, patients can be identified as complex and appropriate for a *Health Links* Coordinated Care Plan based on clinical judgment, regardless of whether they could be defined as being in the top 5% of high needs/high user patients.

### LEARN MORE

For more information on *Health Links* and the new Primary Care Physician Leads, please visit the Central East LHIN website at [www.centraleastlhin.on.ca](http://www.centraleastlhin.on.ca) and click on “[Goals and Achievements – Health Links](#).”

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