

## **New Rural GAIN Community Team coming to Trent Hills** **Health Service partners supporting local residents to stay in their homes and communities**

**NEWS**

**March 6, 2015**

Seniors and residents from across Trent Hills and the surrounding area will soon have access to a new Rural Geriatric Assessment and Intervention Network (GAIN) Community Team, an interdisciplinary team of health care professionals that will be working out of the Campbellford Memorial Hospital (CMH), established to support frail seniors and their caregivers so they can continue to live in their homes and their communities.

Lou Rinaldi, MPP for Northumberland-Quinte West was at CMH today and announced a \$520,000 investment in this new initiative by the Central East Local Health Integration Network (Central East LHIN) and the Ontario government. A further investment of \$85,000 was announced to fund a Behavioural Supports Specialist who will be part of the new GAIN Community Team and who will work with patients with complex and challenging mental health, dementia or other neurological conditions. And an additional investment of \$125,000 will be used to fund a Community GAIN Coordinator responsible for supporting clients to navigate and receive care from the health and social services system.

GAIN is a made in the Central East LHIN model, managed by the Central East Seniors Care Network and funded by the Central East LHIN. With four hospital-based GAIN teams and now eight community-based GAIN teams, health care professionals including doctors, nurses, social workers, pharmacists, rehabilitation and mental health professionals, provide specialized care to support frail older adults living at home or in retirement residences with multiple complex medical problems including cognitive impairment, decreased function, falls or risk of falls, impaired mobility, incontinence and/or multiple medications.

By working in partnership with an older adult's Primary Care provider and using an integrated care plan, the Trent Hills Rural GAIN Community Team will ensure that the right care is being delivered at the right time in the right setting so that people can remain in their homes and their communities.

GAIN teams accept referrals directly from:

- Emergency Departments, for urgent assessment (immediate, 24-48 hours, follow up)
- Family Physician or Nurse Practitioner in the community
- Inpatient hospital units for follow-up after discharge from hospital

## QUOTES

“The Government of Ontario and the Central East LHIN are making investments that will allow our seniors to stay in their homes and communities. I am very pleased that this new initiative will benefit the residents of Trent Hills and surrounding area through the work done by the Trent Hills Rural GAIN Community Team and Campbellford Memorial Hospital”

- Lou Rinaldi, MPP Northumberland-Quinte West

“By listening to the health care experience of local residents and working collaboratively with our health service providers, the LHIN is able to align its activities with the commitments made by the Ontario Government in the Minister’s Action Plan for Health Care. Today’s announcement of a new Rural GAIN Community Team in Trent Hills is a testament to the hard work of the Seniors Care Network, Campbellford Memorial Hospital, the Central East Community Care Access Centre and local community-based and primary care providers who are supporting the LHIN’s mission of creating an integrated, sustainable health care system that ensures better health, better care and better value for money.”

- Deborah Hammons, Chief Executive Officer, Central East LHIN

“It is clear that the Central East LHIN recognizes that there is a growing population of seniors in this area who have complex health issues that will benefit from the new Trent Hills Rural GAIN Community Team. Along with all the interdisciplinary members of the Rural GAIN Community Team, we look forward to providing more and even better care for our at-risk seniors here in their very own community.”

- Brad Hilker, President and Chief Executive Officer, Campbellford Memorial Hospital

## LEARN MORE

[Patients First: Action Plan for Health Care](#)  
[Central East LHIN Community First – Seniors Aim](#)

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