

Investing in Community Mental Health and Addictions Services **Ontario Connecting People With The Care They Need Closer to Home**

NEWS

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Ontario is investing in local mental health and addictions organizations across the Central East Local Health Integration Network (Central East LHIN) to provide care closer to home for those who are experiencing mental health and addictions challenges. Ontario is also creating a province-wide registry of mental health beds to connect those experiencing a mental health crisis with the closest available bed.

With a LHIN-wide investment of over \$4.6 million in mental health and addictions community-based agencies in 2015/16, the Central East LHIN is investing \$1,162,900 in the Northeast Cluster – Peterborough City and County, Northumberland County, the City of Kawartha Lakes and Haliburton County - for high priority services such as:

- Dedicated case managers, with expertise in mental health and substance abuse, to be embedded in the emergency departments at Peterborough Regional Health Centre (PRHC), Ross Memorial Hospital (RMH) and Northumberland Hills Hospital (NHH) to provide co-ordinated care planning and better support for an individual client’s transition from the hospital to community;
- A substance abuse Outreach Service to indigenous communities, both Urban and First Nation, within the Northeast Cluster;
- Enhanced after hours supports to people with Mental Health and Addictions issues who are homeless or precariously housed within the City of Peterborough; and,
- Support for more people to receive care in the community through the highly successful Ontario Telemedicine Network (OTN) Clinic at CMHA-HKPR which provides specialized clinical consults for clients with a variety of complex medical, mental health and addictions issues.

The next phase of [Ontario’s Comprehensive Mental Health and Addictions Strategy](#) includes \$138 million over three years for community agencies to support improvements to mental health and addictions services, through Local Health Integration Networks.

Supporting mental health and addictions services closer to home is also part of Ontario’s Patients First: Action Plan for Health Care.

QUOTES

“We have all been touched by mental health and addiction challenges – whether through a friend, a co-worker, a family member or our own experience. By continuing to invest in community services, we’re helping to connect people with the support they need closer to home through settings that are more culturally appropriate and personal. These investments will improve the lives of people experiencing mental illness and addictions challenges – and the families that help care for them.”

- Dr. Eric Hoskins, Minister of Health and Long-Term Care

“Investing in local mental health and addictions agencies will make it easier to access services here in Peterborough City and County and across the LHIN’s Northeast Cluster. Helping people early and when they need it most will improve the lives of many residents and families.”

- Jeff Leal, MPP Peterborough

“The Central East LHIN had set a goal in its 2013/16 Integrated Health Service Plan of strengthening the system of supports for people with Mental Health and Addictions issues so they spend 15,000 more days at home in their communities by 2016. With the support of the government of Ontario and through the outstanding collaboration between so many partners demonstrated by the investments announced today, we will reach and in fact exceed that goal.”

- Deborah Hammons, CEO, Central East LHIN

QUICK FACTS

- Ontario is also creating a province-wide registry of mental health beds to connect those experiencing a mental health crisis with the closest available bed. This will mean shorter wait times for care, providing doctors, first responders and emergency departments with up-to-date information about available inpatient beds across the province. Currently, there are 4,700 inpatient mental health beds in more than 80 facilities across Ontario.
- Approximately 30 per cent of Ontarians will experience a mental health and/or substance abuse problem at some point in their lifetime, with one out of 40 Ontarians having a serious mental illness.
- By 2017, the government will have increased annual funding for mental health and addictions by a total of \$172 million since it launched the Comprehensive Mental Health and Addictions Strategy in 2011.

LEARN MORE

- [Patients First: Action Plan for Health Care.](#)
- The [next phase](#) of Ontario’s comprehensive mental health and addictions strategy.
- [Open Minds, Healthy Minds: Ontario’s comprehensive mental health and addictions strategy.](#)
- [Find help for people experiencing problems with alcohol, drugs, mental health or gambling.](#)

For more information:

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BACKGROUNDER

In 2014/15 Ontario invested \$28 million in local mental health and addiction organizations to provide care closer to home for people who are experiencing mental health and addictions challenges. In the Central East LHIN that resulted in a \$1.4 million investment in 2014/15 that has now increased to \$4.6 million in 2015/16.

With an overarching aim of Community First - *to enable Central East LHIN residents to spend more time in their homes and their communities* - the Central East LHIN is making new investments in mental health and addictions services in order to *strengthen the system of supports for people with Mental Health and Addictions issues so they spend 15,000 more days at home in their communities by 2016.*

Project	Service Provider	Project Description	2015/16 Funding
Hospital to Home Enhancements – CTO Case Management Expansion	CMHA HKPR	With this investment, dedicated Community Treatment Order (CTO) Case Managers, specializing in mental health, will be part of the Hospital to Home (H2H) integrated clinical team of hospital and community based addiction and mental health staff, embedded within the emergency departments at Peterborough Regional Health Centre (PRHC) and Ross Memorial Hospital (RMH) to provide co-ordinated care planning and better support an individual client’s transition from the hospital to community crisis beds. This helps to reduce gaps in care, achieve seamless transitions and minimize the duplication of services.	\$180,000

<p>Hospital to Home Enhancements – Substance Abuse Case Management Implementation</p>	<p>Fourcast</p>	<p>With this investment, dedicated Community Treatment Order (CTO) Case Managers specializing in substance abuse will be part of the Hospital to Home (H2H) integrated clinical team of hospital and community based addiction and mental health staff, embedded within the emergency departments at Peterborough Regional Health Centre (PRHC) and Ross Memorial Hospital (RMH) to provide co-ordinated care planning and better support an individual client’s transition from the hospital to residential and/or community withdrawal management services. This helps to reduce gaps in care, achieve seamless transitions and minimize the duplication of services.</p> <p>In addition, Fourcast will introduce a substance abuse Outreach Service to indigenous communities, both Urban and First Nation, within the Northeast Cluster.</p>	<p>\$270,000</p>
<p>Hospital to Home Enhancements – Case Management</p>	<p>Northumberland Hills Hospital</p>	<p>Building on the highly successful Hospital to Home (H2H) models already in place in the Northeast Cluster, this investment supports new case manager positions which will be implemented at Northumberland Hills Hospital. As part of the H2H</p>	<p>\$198,700</p>

		integrated clinical team of hospital and community based addiction and mental health staff, the case managers will be embedded within the emergency department to provide co-ordinated care planning and better support an individual client's transition from the hospital to community crisis beds and residential and/or community withdrawal management services delivered by CMHA-HKPR and Fourcast.	
Housing, Housing Co-ordination and Housing Now: North East Housing Co-ordination	Fourcast	An innovative model, aligned and connected with Health Links partners and local municipalities, this investment will create stronger partnerships between Northeast Cluster housing providers and community-based mental health and addictions agencies to support clients to obtain and maintain safe, accessible and secure housing within their communities.	\$90,000
Housing, Housing Co-ordination and Housing Now: Homelessness Strategy	Fourcast/City of Peterborough/Family Health Team/VON 360 NP Clinic/Brock Mission	A collaborative partnership between municipal services and community-based mental health and addictions providers, this investment will provide enhanced after hours supports to people with Mental Health and Addictions issues who are homeless or precariously housed within the City of Peterborough.	\$249,000

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<p>Housing, Housing Co-ordination and Housing Now: North East Housing Co-ordination</p>	<p>CMHA HKPR</p>	<p>To better support CMHA HKPR in its administration of the new rent supplements coming to the Northeast Cluster in 2015/16.</p>	<p>\$75,000</p>
<p>Comprehensive Mental Health and Addictions Investments: OTN Expansion</p>	<p>CMHA HKPR</p>	<p>With a highly successful Ontario Telemedicine Network (OTN) Clinic already supporting specialized clinical consults for clients with a variety of complex medical, mental health and addictions issues, this investment will support more people to receive care in the community leading to decreased wait times, reduced travel and fewer ED visits and hospital admissions.</p>	<p>\$100,200</p>
<p>Total</p>			<p>\$1,167,900</p>