

Identifying Patients with Chronic and/or High Cost Conditions

This check list helps to assist Health Care Providers to identify those eligible for a Coordinated Care Plan using the Ministry of Health and Long-Term Care (MOHLTC) target population definition. Once identified, the patient can be engaged to participate in Coordinated Care Planning.

Central East Health Links Target Population Definition

Target Population	Patients or clients with 4 or more chronic and/or high cost conditions.			
Identified Sub-Groups	Mental Health & Addiction	Palliative	Frail/Elderly	Vascular
Considerations	Consider patients or clients with: <ul style="list-style-type: none"> Economic characteristics (low income, median household income, government transfers as a proportion of income, unemployment) Social determinants (housing, living alone, language, immigration, community and social services, etc.) 			

Checklist to Help Identify Health Link Patients

Note: Patients can be identified as complex and appropriate for Health Links based on clinical judgement.

Social Economic Stress Risk Factors*				
	Government Payments as a High % of Income			Household in Need of Repair
	Living Alone			Low Education Level
	Low Household Income			Low Individual Income
	No Knowledge of Official Languages			Recent Immigration
	Unemployment			Other
Chronic and/or High Cost Conditions – 4 or More				
	ALS (Lou Gehrig's Disease)		Depression	Mental Health Conditions (unspecified/unknown)
	Amputation		Developmental Disorders	Multiple Sclerosis
	Anxiety Disorders		Diabetes	Muscular Dystrophy
	Arthritis and Related Disorders		Eating Disorders	Osteoporosis including Pathological Bone Fracture
	Asthma		Epilepsy & Seizure Disorders	Other Perinatal Conditions
	Bipolar		Fracture	Pain Management
	Blood Disorders (anemia, coagulation defects)		Hernia	Palliative Care
	Brain Injury		Hip Replacement	Paralysis & Spinal Cord Injury
	Cardiac Arrhythmia		HIV/AIDS	Peripheral Vascular Disease & Atherosclerosis
	Cerebral Palsy		Huntington's Disease	Personality Disorders
	Chronic Obstructive Pulmonary Disease		Hypertension	Pneumonia
	Coma		Influenza	Renal Failure
	Congenital Malformations		Ischaemic Heart Disease	Schizophrenia & Delusional Disorders
	(Congestive) Heart Failure		Knee Replacement	Sepsis
	Crohn's Disease/Colitis		Liver Disease (Cirrhosis, Hepatitis, etc.)	Stroke
	Cystic Fibrosis		Low Birth Weight	Substance Related Disorders
	Dementia		Malignant Neoplasms (cancer)	Transplant
				Ulcer

*Process to assess Social Economic Stress for the purpose of patient identification is being further developed by the MOHLTC.