

Achieving the Strategic Aims - Action Planning Worksheet

There are many ways that you, your organization or sector are contributing to achieve the two Strategic Aims. You are taking action on your own, within your program and with others in your sector or community/cluster. Consider what you are **CURRENTLY** doing and what goals, enablers, actions or improvements that would help strengthen the **ALIGNMENT** of these activities to the two Strategic Aims.

Remember: All goals, actions or improvements should be challenging, motivating, measurable and inspire action by individuals, teams or your community. What you propose should be S.M.A.R.T.

- S - specific, significant, stretching
- M - measurable, meaningful, motivational
- A - agreed upon, attainable, achievable, acceptable, action-oriented
- R - realistic, relevant, reasonable, rewarding, results-oriented
- T - time-based, timely, tangible, trackable

Sector/Organization(s) (morning) or Community/Cluster (afternoon): _____
This Action Plan will help to achieve the following Strategic Aim: (please identify the Aim AND the focus of your Action)
<input type="checkbox"/> Save 1 million hours of time spent in Emergency Departments by 2013. Emergency Department improvements occur in the context of the larger health care system. Our ACTIONS focus on: <ul style="list-style-type: none"> <input type="checkbox"/> Reducing avoidable emergency department visits <input type="checkbox"/> Improving emergency department capacity and performance <input type="checkbox"/> Improving hospital bed utilization (including reducing ALC days)
<input type="checkbox"/> Reduce the Impact of Vascular Disease* by 10% (save 10,000 inpatient hospital days) by 2013. Activities to reduce the impact of Vascular disease can occur along the full continuum for chronic disease prevention and care. Our ACTIONS focus on: <ul style="list-style-type: none"> <input type="checkbox"/> Prevention and Primary Health Care <input type="checkbox"/> Acute Care Treatment <input type="checkbox"/> Secondary Prevention of Disease Progression & Adverse Events <p>Vascular diseases are a broad group of health conditions that impact almost all parts of the body – from head to toe. Vascular disease includes cardiovascular (heart), cerebrovascular (brain) including vascular dementia and stroke, hypertension (high blood pressure) and peripheral vascular disease which presents in other areas of the body such as kidneys, arms and legs. The majority of illness and death amongst people with diabetes results from vascular disease complications, including coronary, peripheral and cerebral arterial disease.</p> <p>Optimal vascular health outcomes can be achieved by patients and clinicians knowing genetic and modifiable risk factors and identifying and actively managing toward best practice targets for the following indicators:</p> <ul style="list-style-type: none"> ✓ blood pressure, blood lipids, blood glucose, kidney function [i.e. biophysical targets]; and, ✓ physical activity, healthy eating, body weight and tobacco use [i.e. behavioural goals].

CURRENT SERVICES OR ACTIVITIES:**20 MINUTES**

ACTIVITIES & INITIATIVES: What services or activities are currently contributing to achieving the Aims? Which current services or activities are most aligned to achieving the Aims? What resources (e.g. human, financial) do we have to work with to contribute to the Strategic Aims?	OUTPUTS: What are the tangible products or outputs of these current services or activities?	OUTCOMES: What outcomes are you trying to accomplish through these current services or activities? In other words, by providing these services, what do you hope is realized for the client, the population, and/or the health care system?	MEASURES: What measures/indicators do you collect or calculate to illustrate progress in this activity, intervention, strategy? How do you know if a change is an improvement? What shows you that you're getting there? What measures/indicators exist or could be developed to illustrate progress toward achievement of the Strategic Aims?

OPPORTUNITIES FOR REALIGNMENT OF CURRENT ACTIVITIES: GOALS, ACTIONS OR IMPROVEMENTS: 20 MINUTES

<p>ACTIVITIES & INITIATIVES:</p> <p>What opportunities are there to better align what you are currently doing to achieve the Aims?</p> <p>What improvements do you propose?</p> <p>What are you going to do differently?</p>	<p>OUTPUTS:</p> <p>What are the tangible products that will be realized?</p>	<p>OUTCOMES:</p> <p>What are you trying to accomplish through this activity?</p> <p>When can this be achieved?</p> <p><input type="checkbox"/> Now (0-6 months)</p> <p><input type="checkbox"/> Short-term (1 year)</p> <p><input type="checkbox"/> Medium-term (1-2 yrs)</p> <p><input type="checkbox"/> Long-term (2-3 yrs)</p>	<p>MEASURES:</p> <p>How will you know if a change is actually an improvement?</p> <p>What will show that you're getting there?</p> <p>What measures/indicators are associated with this specific opportunity?</p> <p>What measures/indicators need to be calculated to illustrate progress toward achievement of the Strategic Aim?</p>

Target Population

Which population(s) will your improvement support? (select all that apply)

- People at risk or with Chronic Disease
 People with Mental Health & Addictions needs
 Seniors
 Francophone
 Aboriginal
 Other _____ (please specify)

Enablers and External Factors

Please consider other influences to achieving this improvement

Partnerships within or across sectors or communities	<input type="checkbox"/> No <input type="checkbox"/> Yes Explain:
E health	<input type="checkbox"/> No <input type="checkbox"/> Yes Explain:
Primary Care	<input type="checkbox"/> No <input type="checkbox"/> Yes Explain:
Other Considerations or Comments:	

Confidence Rating

How confident are you that your sector (morning) or community (afternoon) can achieve your goal, action or improvement?

Totally Unconfident 1 2 3 4 5 6 7 8 9 10 Extremely Confident