



## CENTRAL EAST LHIN INVESTING IN MORE CARE FOR SENIORS AND COMMUNITY SERVICES Backgrounder

The Central East Local Health Integration Network (LHIN) is receiving \$12,267,186 in 2009/10 for a number of initiatives to help seniors live healthy, independent lives in their own homes and to decrease the number of alternate level of care (ALC) patients in hospitals.

Having more home care and community services enables an ALC patient to leave a hospital sooner, making more beds available to emergency room patients. These services also provide ongoing health supports to seniors which reduces their need to go to their local hospital emergency room (ER).

### Aging at Home Strategy

The Central East LHIN is receiving \$6,893,811 in 2009/10 to increase the range and quantity of services available to seniors, and to help relieve pressure in hospitals and long-term care homes.

This year's investment is an increase of \$2,251,934 from 2008/09.

The Aging at Home program expands traditional services that help seniors stay healthy and live at home. These services include home care, assistive devices, assisted living/supportive housing and end-of-life care.

The Aging at Home program also encourages innovation at a local level, by giving LHINs the flexibility to start some creative projects that are tailor-made for seniors living in communities with specific needs.

To date, the following initiatives have been approved for funding in 09/10. The remainder of the funding for this year will be allocated at a later date.



## AGING AT HOME STRATEGY YEAR 2 PROJECTS FOR CENTRAL EAST LHIN

Name of Project	Service Provider	Project Description	2009/2010 FUNDING (base plus 1X)
<b>TRANSPORTATION SERVICES</b>			
Enhancing Transportation Services for Seniors in Scarborough	West Hill Community Services, Lead Organization, M1M 1R6	A collaborative proposal from several Scarborough agencies to provide service improvements to existing transportation programs	\$300,000
Enhancing Transportation Services for Seniors in Peterborough	Community Care Peterborough, K9H 5V3	Improve access to and the coordination and scheduling of transportation services	\$59,940
Enhancing Transportation Services for Seniors in Northumberland County	Community Care Northumberland, K0L 1L0	To consolidate the volunteer transportation service so that current use of volunteers and vehicles is more efficient. Would also expand accessible transportation services within the geographic area	\$84,400
Enhancing Transportation Services for Seniors in the City of Kawartha Lakes	Community Care City of Kawartha Lakes, K9V 3B8	Proposal addresses the need to integrate the transportation program under one department	\$105,000
Enhancing Transportation	Oshawa Senior Citizens Centre,	To hire staff to help alleviate some of the pressure felt by volunteer	\$40,000

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Name of Project	Service Provider	Project Description	2009/2010 FUNDING (base plus 1X)
Services for Seniors in Oshawa	L1H 1W8	drivers	
Enhancing Transportation Services for Seniors in Durham Region	Community Care Durham through partnership with Oshawa Senior Citizens Centre (OSCC), L1J 2K5	Integration activity to ensure better access to various OSCC activities such as Meals on Wheels, etc. Community Care Durham has a van but driver hours are required to meet the need.	\$34,970
<b>Subtotal: Transportation</b>			<b>\$624,310</b>
<b>CAREGIVER SUPPORT SERVICES</b>			
Caregiver Support Centre: Caring for Aging Relatives Scarborough Consortium	West Hill Community Services, Lead Organization, M1M 1R6	To provide an access point that responds to the growing and diverse needs of caregivers, to enable them to continue to assist their loved ones to remain in the community, minimize hospital visits and premature institutionalization.	\$300,000
Enhancing Uxbridge Adult Day Program	Community Care Durham, L1J 2K5	Relocating the program from Uxbridge Hospital to building attached to hospital and growing the program.	\$50,000
<b>Subtotal: Caregiver Supports</b>			<b>\$350,000</b>

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<b>SUPPORTIVE HOUSING</b>			
Enhancing Supportive Housing Services in Northumberland County	Branch 133, Legion Village Inc, K9A 4Y7	Legion Village is a seniors' apartment building of 199 units providing supportive housing to 46 tenants. This funding will increase the numbers served by over 50%.	\$350,000
Enhancing Supportive Housing Services in the City of Kawartha Lakes	Kawartha Participation Projects, K9H 7N3	Ability to serve additional people with physical disabilities in Lindsay	\$300,000
Enhancing Supportive Housing Services in the City of Kawartha Lakes	Community Care City of Kawartha Lakes, K9V 3B8	Expansion of existing supportive housing services for seniors	\$306,000
Enhancing Supportive Housing Services in the Haliburton Highlands	Haliburton Highlands Health Services, K0M 1S0	To assist in alleviating the waiting lists at both the Minden and Haliburton supportive housing services sites.	\$100,000
Enhancing Supportive Housing Services in North Durham	Victorian Order of Nurses for Canada, Ontario - Durham Site, L1G 7C7	Opening a new site for supportive housing in Beaverton.	\$350,000
<b>Subtotal: Supportive Housing</b>			<b>\$1,406,000</b>

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## SPECIALIZED GERIATRIC SERVICES

Nurse Practitioner Outreach Team	The Scarborough Hospital, M1W 3W3	To fund a Nurse Practitioner Outreach Team to work with LTC Homes and Emergency Departments within a specific catchment area of the LHIN to enable frail and at risk seniors to be cared for in the most appropriate place.	\$250,000
Nurse Practitioner Outreach Team	Oakwood Retirement Communities Inc. -The Village of Taunton Mills, L1R 3A5	To fund a Nurse Practitioner Outreach Team to work with LTC Homes and Emergency Departments within a specific catchment area of the LHIN to enable frail and at risk seniors to be cared for in the most appropriate place.	\$350,000
Geriatric Emergency Management Nurses	Rouge Valley Health System, M1E 4B9	A nurse specializing in geriatric care will assess frail seniors visiting the Emergency Department.	\$165,000
Geriatric Emergency Management Nurse	Peterborough Regional Health Centre, K9J 7C6	A nurse specializing in geriatric care will assess frail seniors visiting the Emergency Department.	\$145,000
Geriatric Emergency Management Nurse	Ross Memorial Hospital, K9V 4M8	A nurse specializing in geriatric care will assess frail seniors visiting the Emergency Department.	\$240,000
Geriatric Emergency Management Nurses	Lakeridge Health Corporation, L1J 8R2	A nurse specializing in geriatric care will assess frail seniors visiting the Emergency Department.	\$290,000
Geriatric	The	A nurse specializing in geriatric care	

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Emergency Management Nurses	Scarborough Hospital, M1W 3W3	will assess frail seniors visiting the Emergency Department.	\$290,000
Geriatric Emergency Management Nurse	Northumberland Hills Hospital, KOM 1S0	A nurse specializing in geriatric care will assess frail seniors visiting the Emergency Department.	\$145,000
<b>Subtotal: Specialized Geriatric Services</b>			<b>\$1,875,000</b>

**TOTAL:**

**\$4,255,310**

## Urgent Priorities Fund - Addressing ALC Pressures

The Central East LHIN is receiving \$1,688,675 to help provide community alternatives to hospital care.

Last year, this fund helped to:

- Reduce ER visits by providing additional community supports through supportive housing or by placing more nurses in long-term care homes
- Move ALC patients to a more appropriate health care setting as quickly as possible by improving the electronic flow of information from hospitals to long-term care homes.

## Increasing Home Care Services – CCAC Service Maximums

The Central East LHIN is receiving \$3,506,200 in 2009/10 for changes made last year to increase the availability and integration of home care services. This included increasing the limits on hours of person support/homemaking services by 50 per cent, and removing limits entirely for patients waiting for a long-term care bed or receiving end-of-life services at home.

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### **Nurse-Led Outreach Teams**

The Central East LHIN is receiving \$178,500 for a third nurse-led outreach team that has been created to provide long-term care home residents with timely and appropriate care, and stabilize residents who need more urgent attention. (Two nurse-led outreach teams are also being created with funds provided through the Aging at Home Strategy.)

These teams of nurse practitioners and registered nurses will travel to LTC homes to assess urgent problems, determine the need for hospital care, and provide interventions (such as intravenous therapy, antibiotic management and administering oxygen) in cases where unnecessary visits to the hospital and the ER can be avoided.

For more information:

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